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- There has been an increase in suspected opioid overdoses.
- There are reports of drugs laced with powerful opioids.
- Substance may come in different colours and textures.
- Fentanyl and carfentanil can be fatal in very small doses.
- Fentanyl and carfentanil cannot be detected by sight, smell or taste.

In Case of Overdose:

- SHOUT their name and SHAKE their shoulders.
- CALL 9-1-1 if unresponsive.
- GIVE NALOXONE: 1 spray into nostril (or inject 1 vial or ampoule into arm or leg).
- PERFORM CHEST COMPRESSIONS.
- IS IT WORKING? If no improvement after 2-3 minutes, repeat steps 3 & 4. Stay with them.

If You Use Substances:

- Don't use alone.
- Avoid mixing substances.
- Test small amount first.
- Carry a naloxone kit.

If you or someone you know uses substances, get a **free naloxone kit** at any Porcupine Health Unit office and at most pharmacies.

Porcupine Health Unit

Toll Free: 1-800-461-1818 www.porcupinehu.on.ca

